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#### Registration:

Registration for the JJW Memorial Lecture will take place exclusively online at [www.jjw2016.eventbrite.com](http://www.jjw2016.eventbrite.com).

You must register by Monday, April 11, 2016.

#### Cost:

- Admission with CE's (NHA, SW only): \$30
- General Admission: \$25
- Students: \$20

#### Refund Policy:

Any conference attendee that cancels their registration before April 11, 2016 will receive a full refund. Attendees canceling after this time will receive a 50% refund.

#### CEUs:

This program has been approved for 2.5 continuing education credits for Social Work through the Michigan Social Work CE Collaborative, CE approval #011316-03; Nursing Home Administrator CE approval #489160002. Attendees must purchase a CE Admission ticket. CE certificates will be issued after total completion of the program. Sign-in, evaluation and sign-out are required.

#### Questions or special needs?

Contact Andrea Mulheisen at [amulheisen@aaa1b.com](mailto:amulheisen@aaa1b.com) or 248-262-9924

#### Judith J. Wahlberg

Judith J. Wahlberg spent 27 years with the Area Agency on Aging 1-B (AAA 1-B), serving in several key roles, including Controller and Chief Fiscal Officer. First diagnosed with breast cancer in 1998, she faced the disease courageously and successfully, all the while continuing her tireless work at the AAA 1-B.



Sadly, Judi lost her long battle with cancer eight months after her retirement in November 2006.

#### About the Judith J. Wahlberg Memorial Lecture

The Judith J. Wahlberg Memorial Lecture is a professional training lecture established by the Area Agency on Aging 1-B. Named in honor of Judith J. Wahlberg, who contributed more than a quarter of a century of service to support aging and long-term care services, the lecture is dedicated to enhancing professional development opportunities for those concerned about services and programs for older adults.

#### About the Area Agency on Aging 1-B

The Area Agency on Aging 1-B is a nonprofit agency responsible for services to more than 620,000 persons aged 60 and older residing in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties. Through the provision of home care and community-based services, older adults and persons with disabilities are given options that can help maintain their health and independence in their homes and communities.



Advocacy • Action • Answers on Aging

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## Seventh Annual Judith J. Wahlberg Memorial Lecture

# Confronting our Biases: Ageism and Immigration

A 2.5 CE Conference  
for Aging and Human  
Service Professionals

Thursday, April 21, 2016  
8:30 a.m.-12:30 p.m.  
Shriner's Silver Garden Events Center  
24350 Southfield Road  
Southfield, MI 48075

Presented by:



[www.jjw2016.eventbrite.com](http://www.jjw2016.eventbrite.com)

# Agenda

This event focuses on two hot button issues in the field of aging: ageism and immigration. Attendees will learn how ageist beliefs have impacted nearly all aspects of our culture, and how we as advocates can push back while making progress for older adults. Attendees will also learn about the quickly changing demographics of the older adult immigrant population and how we can work together to meet their legal, psychological and physical needs.

**8:30 a.m.-9:00 a.m.**

**Registration and Continental Breakfast**

**9:00 a.m.-9:15 a.m.**

**Welcome and Introductions**

Tina Abbate Marzolf CEO, AAA 1-B

**9:15 a.m.-10:15 a.m.**

*Ashton Applewhite, BA - Author and journalist, recognized expert on ageism by the New York Times, National Public Radio and the American Society on Aging.*

**“Let’s Rock This Chair: No to Ageism, Yes to Aging”**

**10:15 a.m.-10:30 a.m. - Break**

**10:30 a.m.-12:00 p.m.**

*Mira Sussman, LMSW - Diversity and cultural consultant and training provider with a Masters of Social Work from University of Southern California.*

**“Immigration and Aging”**

**12:00 p.m.-12:15 p.m.**

**Wrap up and Evaluations**

## Ashton Applewhite, BA

Like many, Ashton Applewhite was concerned about quality of life issues that might arise with an increase in life expectancy, until she learned more. She found most people are happiest in their youth and senior years, older adults are less depressed than their counterparts, and a vast majority of Americans over 65 live independently. These facts may be surprising perhaps because of the existence of ageism in our culture. Her talk, *Let’s Rock This Chair: No to Ageism, Yes to Aging*, proposes alternatives to worrying about getting older, shakes up ageist messaging, and creates a place for a conversation among people.



### About Ashton Applewhite:

Author and journalist Ashton Applewhite has been writing about aging and ageism since 2007 in blog entitled *This Chair Rocks*. She is a Knight Fellow, New York Times Fellow, and a Columbia Journalism School Age Boom Fellow. The voice of *Yo, Is This Ageist?* Ashton has been

recognized by the New York Times, National Public Radio and the American Society on Aging as an expert on ageism. Risa Breckman, Executive Director of the NYC Elder Abuse Center, says, “Applewhite’s thinking is deep, her passion infectious, and her cogent message is spot on: we urgently need to have a national conversation about ageism to raise awareness about it and to stop it.”

## Mira Sussman, LMSW



The two fastest growing populations in Michigan are immigrants and seniors. In this session we will address how to best work with and serve the needs of clients who meet at the intersection of these demographics. We will address their legal, psychological and physical needs, and identify

key issues to help professionals avoid common challenges. We will identify potential immigration challenges clients face due to legal status, understand how the immigrant experience can hinder clients’ accessing and using senior services, and identify areas where cultural awareness and sensitivity are critical when working with families of older immigrants.

### About Mira Sussman:

Ms. Sussman is the owner of Mira Sussman, LLC, providing consultation and training to organizations on a variety of topics related to diversity and cultural competency. Mira has over 25 years of experience teaching groups and individuals of all ages. She ran the only refugee resettlement program in Washtenaw County for over 3 years, and successfully secured Federal, State and local funding to support and expand refugee and citizenship services. She has a Masters of Social Work from University of Southern California and a Masters in Jewish Communal Service from Hebrew Union College.