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FOR IMMEDIATE RELEASE:

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Dozens of Flint Teens Gather for First “Grit, Glam, & Guts” Conference-August 22

The “*Grit, Glam, & Guts*” Free Teen Conference is expanding to Flint! Thanks to the partnership with the Boys & Girls Club of Greater Flint, dozens of teen girls from Flint and Saginaw area are expected **Saturday August 22, 2015 at the Boys & Girls Club of Greater Flint** at 3701 N. Averill Avenue Flint from 8:30 am - 2:30 pm. It’s for Good Girl Radio’s 2015 Conference “Grit, Glam, and Guts...Love Yourself, Be Yourself.” It’s a one-day FREE conference that’s dedicated to strengthening and equipping teens to overcome today’s challenges.

All across the state of Michigan, **Grit, Glam, & Guts “Love Yourself, Be Yourself”** conference has helped hundreds of teen girls develop a positive self-image and establish unity and sisterhood. For three years, the conference has empowered the next generation of women in Lansing. This year the conference is expanding to Flint to tackle social and emotional issues of identity and put down a solid foundation of why sisterhood is essential to the success of individuals, families, and communities.

Speakers from the Flint community and across the state will conduct lively and engaging breakout sessions. The sessions will provide pre-teens and teens with resources to thrive in an unstable ever-changing society. Sessions will explore healthy relationships, identity vs. image, beauty standards, and societal pressures.

Cameo King, Good Girl Radio, CEO “Sisterhood is one the most important relationships a girl can have. When women come together, powerful things happen. Lives are changed, communities are changed. The world is changed.” The Grit, Glam, & Guts team consist of powerful women with a passion for the Flint community including Emily Leonard of the Boys & Girls Club of Greater Flint, Kala Wilburn of Fannie Lucille Clothing Line & Vehicle City Fashion Week, and Tracy Palmer of Trendsetter Productions Modeling & Etiquette School. Registration is free for students at gggflint.eventbrite.com

The “Grit, Glam, & Guts” Conference is supported by One Love Global.

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One Love Global is a Lansing-based non-profit organization that responds to the social, economic and developmental needs of vulnerable children and families with programs and services that empower, innovate and promote sustainable community change. One Love Global promotes social enterprise through planning, development, implementation and management partnerships. One Love Global also creates and adapts research-based and best practice models for global application. For more information, head to www.oneloveglobal.org or angela@oneloveglobal.org call 517-410-1014.

The Boys & Girls Club of Greater Flint will inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens. For more information, head to www.bgclubflint.org or contact Emily Leonard 810-249-3413.

Good Girl Radio fills the gaping void in mainstream media of authentic conversation with spiritual depth, raw honesty, academic rigor, emotional healing, and intellectual stimulation. Through unapologetic talk of success, faith, fears, failures, & everything in between Good Girl Radio is the platform for talk of 21st women. For more information, head to www.GoodGirlRadio.com or contact Cameo King 313-744-2672.

About Boys & Girls Club of Greater Flint

The Boys & Girls Clubs of Greater Flint is a positive and safe place for all children, with special attention for those from challenged circumstances, to attend after school, on select Saturdays and during the summer. It costs only \$10 per year for a child to become a member (assistance available), while the actual cost of providing service is about \$500 per child. The difference is made up through grants, foundations, individual donors and support from corporate partners.

The Boys & Girls Clubs of Greater Flint currently has over 2,400 registered members ages 7 to 17 and offers tested, proven and nationally recognized programs in five Core Program Areas that closely align with the developmental needs of all young people: Character and Leadership Development; Education and Career Development; Health and Life Skills; The Arts; and Sports, Fitness and Recreation. The programs are designed to encourage Club members to realize a wide variety of positive outcomes, a strategy for developing the “whole child.” In recent years, the Boys & Girls Club Movement has focused additional efforts on helping children and teens achieve in our three priority outcome areas of Academic Success, Good Character and Citizenship, and Healthy Lifestyles.