

# EXPERTCARE CHRONICLE

JUNE 2017

## TAKE ME OUT TO THE BALL GAME

Don't mind if we do!  
We will randomly draw a Caregiver to win a  
4 pack of Tigers tickets and parking!



We will contact the winner with details, look for the  
winner's name in our July newsletter.



### EMPLOYEE REFERRAL **BONUS**

Did you know .....ExpertCare Management Services has a Referral Bonus program for our employed Caregivers?

All you have to do is refer a new applicant to ExpertCare. Once the person is hired and has worked 80 hours, you receive a \$100.00 Referral Bonus.

**There is no limit to the amount of bonuses you can receive!**

**We have attached some Referral Bonus coupons you can hand out to the individuals you refer.**

### MAY WINNER

Angellenna  
Pierce  
We hope you  
enjoy your  
family zoo  
pass!

DETROIT ZOO





## Have fun with friends this summer

Register for our **Youth Group** events and have fun with friends and adventures in the park all summer long. These events are designed for individuals ages 13-25 with disabilities.

Two upcoming events are planned, beginning with an outing to Red Oaks Waterpark from 11 a.m.-3 p.m. **Monday June 19.** Arrive at the group entrance by 11 a.m. to enjoy the waterpark and lunch.



Cost is \$12/person, including chaperones. Pre-registration is required.

[Red Oaks Waterpark](#) is located at 1455 E. 13 Mile Road in Madison Heights.

Also don't miss the Independence Oaks County Park trip from 11 a.m.-3 p.m. **Wednesday, July 12.** The day will feature the zip line, pontoon boat ride, fishing, nature center activities and lunch.

Cost is \$10/participant and \$5/chaperone. Pre-registration is required.

For this trip, bus transportation will be available from the South Recreation office, 27725 Greenfield Road in Southfield. The bus will depart at 10 a.m. and return at 4 p.m. Cost is \$5/passenger.

[Independence Oaks County Park](#) is located at 9501 Sashabaw Road in Clarkston.

For more information about these events, call 248-424-7081 or email [Adaptive@oakgov.com](mailto:Adaptive@oakgov.com).

For details on upcoming events and activities, visit

[OaklandCountyParks.com](http://OaklandCountyParks.com). Join the conversation on [Facebook](#), [Instagram](#) and [Twitter @OCParksAndRec](#).



Programs and websites mentioned within this newsletter are for the sole purpose of providing information of interest. ExpertCare Management Services does not endorse these websites, the content, and/or programs mentioned. ExpertCare takes no responsibility for loss or damage suffered as a result of using the information contained in these websites or participation in the aforementioned programs and events.

# JUNE IS SAFETY AWARENESS MONTH

According to Injury Facts 2017, about 146,571 people died from unintentional injury-related deaths in 2015. That's 146,571 times someone's ordinary day turned tragic.

These deaths are at an all-time high. Often, these tragedies happen when least expected – during a vacation, while doing chores at home or while driving across town – and they are all preventable.

In 2011, poisonings overtook motor vehicle crashes for the first time as the leading cause of unintentional-injury-related death for all ages combined. Poisoning deaths are caused by gases, chemicals and other substances, but prescription drug overdose is by far the leading cause. Learn more about this epidemic and other poisons in the home.

Every year, poison control centers receive about 2.2 million calls from people seeking medical help for poisoning. It is the leading cause of unintentional death and includes inadvertent ingestion of drugs or chemicals, the excessive use of a drug and exposure to environmental substances.



## Prescription Drug Overdose

The most common poisoning is from prescription drugs – particularly opioid pain medication. Every day, 52 people die from opioids. They become quickly addicted without realizing what's happening. The drugs are overprescribed by doctors, shared among family members and stolen from medicine cabinets.

Children are misusing prescription drugs at an alarming rate, and even over-the-counter medications, like cold medicines and sleeping aids, can be dangerous.

This epidemic is a major initiative of the National Safety Council. Start here to learn what we're doing to end it and how you can help – and be sure to keep the National Poison Control Center number, (800) 222-1222, on your phone.



## Other Poisons in the Home

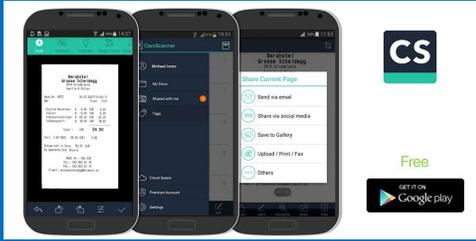
More than 90% of all poisonings happen at home. Familiarize yourself with the dangers that lurk there:

- ⇒ Find out if radon gas is seeping in
- ⇒ Learn about the invisible killer, carbon monoxide
- ⇒ Lead poisoning is not yesterday's news; is your home at risk?
- ⇒ Serious injuries and death from button batteries have increased nine-fold in the last decade
- ⇒ Household products, like cleaners and pesticides, can easily fall into the wrong little hands

**For more information about poison prevention and possible safety risks please visit the National Safety Council: <http://www.nsc.org/learn/safety-knowledge/Pages/safety-at-home-poisoning.aspx>**



## New App to Help with Time Sheet Submission



You can get a free app called the Cam Scanner for your iPhone or Android phone. This app will allow you to scan your documents clearly and then email your time sheet to ExpertCare through our secure message center. To find directions for our secure portal and/or the Cam Scanner you can visit our website, [expertcare.com](http://expertcare.com) and click on "Caregiver" in the upper right corner. We have also attached the Cam Scanner instructions for your convenience.



Caregivers, if you're going to be open for more hours during the summer please be sure to let us know. There may be a consumer family who will be looking for additional staff during the summer months. As we get to the end of the school year, make sure to contact a Staffing Consultant so we can assist you with your availability.

Consumer Families, before we know it summer will be here. It is best to plan ahead if you know you will have additional staffing needs. Please contact your Staffing Consultant today to discuss your needs and/or schedule changes.



## WAYNE COUNTY

# CINEMARK SUMMER MOVIE CLUBHOUSE



All Showtimes at 9:30am on Wednesday

6/21	Trolls	(PG)
6/28	Shrek The Third	(PG)
7/5	Goosebumps	(PG)
7/12	The Iron Giant	(PG)
7/19	Hotel Transylvania 2	(PG)
7/26	Megamind	(PG)
8/2	The Angry Birds Movie	(PG)
8/9	Sing	(PG)
8/16	The Secret Life of Pets	(PG)
8/23	The LEGO Batman Movie	(PG)

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PLAYING AT THIS LOCATION:

**CINEMARK SOUTHLAND CENTER AND XD**  
23000 Eureka Road  
Taylor MI 48180  
734-287-0629

SPONSORED BY:



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*ten fun films  
for kids!*

**\$5\*** for  
ten movies

OR

**\$1** per  
show

All films Rated G or PG

*For more info,  
see a theatre manager  
or visit [cinemark.com](http://cinemark.com)*

\*participating theatres only

**Don't forget to try our  
NEW Speed Pack  
at concessions!**

## GENESEE COUNTY

# CINEMARK SUMMER MOVIE CLUBHOUSE



All Showtimes at 10:00am on Wednesdays

6/14	The LEGO Batman Movie	(PG)
6/21	Trolls	(PG)
6/28	Shrek the Third	(PG)
7/5	Goosebumps	(PG)
7/12	The Iron Giant	(PG)
7/19	Hotel Transylvania 2	(PG)
7/26	Megamind	(PG)
8/2	The Angry Birds Movie	(PG)
8/9	Sing	(PG)
8/16	The Secret Life of Pets	(PG)

©2017 Cinemark USA, Inc. Cinemark Theatres, Clubhouse, Play and Theater are Cinemark brands. "Cinemark" is a registered service mark of Cinemark USA, Inc.

PLAYING AT THIS LOCATION:

**CINEMARK Flint West 14**  
1591 S. Graham Rd.  
Flint, MI 48532  
810-732-9462

SPONSORED BY:



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Returning to the RiverFront  
June 23-25, 2017

presented by: **Soaring Eagle**  
CASINO & RESORT



Admission to GM River Days is \$3 before 3pm and \$5 after 3pm to support the non-profit Detroit RiverFront Conservancy. GM River Days is FREE to enter on Friday between 11am-5pm.

This one of a kind festival on the Detroit River front is hosted by GM each June. Three days of non-stop fun for all ages, featuring ski jet demonstrations, sand sculptures, riverboat tours, and live music. For daredevil festival goers, there is even a zip line to give folks a bird's eye view of the state park, flying thirty-four feet above the ground. Detroit River Days is even pet friendly, so your furry family members can attend, too. There is a kid's stage to keep the little ones entertained, and live music for the grown ups, too! Check out the festival that has become a local mainstay for the last ten years.



Carnival Rides/Games, Arts & Crafts, Strawberry Treats & more!

The 40th Annual Strawberry Festival in Belleville, Michigan offers something for everyone with three days of nonstop events. The Strawberry Festival celebrates the strawberry season with free special events for the entire family, beginning with Two Midways, beer tent, music and concerts, bingo, crafters, magnificent food, strawberry treats, a children's area and Strawberry Queen.

Festival Parade: Saturday 11:00am – 1:00pm. See more than 150 exciting entries of floats, musical entertainment, motorcades, marching bands, clowns, and acrobats that will keep you entertained for two hours. Non stop action as over 30,000 people gather to watch this annual breath-taking parade.

The 6<sup>th</sup> Annual



**"PRIDE...PEOPLE...PREVENTION"**

**SAVE THE DATE**

Friday, June 16<sup>th</sup>, 2017

12 NOON - 3 PM

Conner Creek/Milbank Greenway, Detroit, MI 48234

PRESENTED BY:  
ST. JOHN PROVIDENCE COMMUNITY HEALTH



BRING YOUR FAMILY ...  
FREE FOOD - LIVE MUSIC - FITNESS - HEALTH SCREENINGS

**DAVISON FESTIVAL OF FLAGS**

Abernathy Regional Park

June 7-11, 2017.

Activities will continue nonstop for 5 consecutive days. Events will consist of a Color Run, Fireworks, Carnival Rides, Entertainment Tent with Live Music, Pageant, and much much more!

Fireworks are free; some events and activities have a fee.

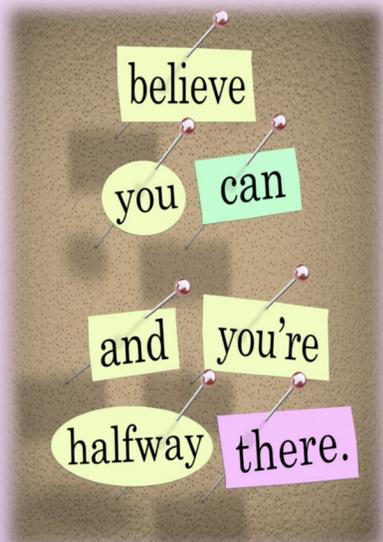


## EXPERTCARE

### CASCADING CULTURE

For the month of June we would like to highlight our core value of “Can do attitude”. At ExpertCare we believe that having a “can do attitude” means we are seeking to make a positive impact on our consumer’s lives. This can include having an optimistic attitude during difficult times, thriving to get things done and exceeding set expectations to “make things happen”.

As care providers, there are a variety of ways to demonstrate having a “can do attitude”. Examples include going above and beyond to assist our consumers to achieve a challenging goal in their plan of service or assisting our consumers to overcome barriers in the community. We will begin accepting nominations in July from families who believe their care provider exemplifies this commitment to having a can do attitude in their daily routine.



### ExpertCare Enrichment Series

We are excited to inform you of our next caregiver enrichment series. We will be discussing “The Likeability Factor” Monday June 5<sup>th</sup> at 10:00am. The course will be approximately one hour in length and will be held in the ExpertCare training room. According to Tim Sanders the more you are liked, the happier your life will be. We will discuss how to enhance four elements of your personality, friendliness, relevance, empathy and realness that you can enhance to improve your Likeability Factor. Bagels will be provided.

Please register by visiting [www.expertcare.com](http://www.expertcare.com), under the training schedule please filter by “caregiver enrichment series”. This event was created for you and is voluntary.

Thank you,  
Brooke Peiffer and Dan Jacey



Presents a 2<sup>nd</sup> opportunity to attend the highly sought and well received.....

## Calm at The Center

*Mindfulness Practice for Those Caring for Others*

### Featuring Sheldon Schwitek, Training & Transition Consultant

Mindfulness is becoming a part of the day to day experience for many people and organizations. Fortune 500 Companies are teaching and encouraging their employees and successful leaders are embedding mindfulness into the workplace routine.

The exciting news is that not only does the practice benefit employees, it has deep and far reaching benefits for the people they support. How often are we told to remain calm in the face of crisis? Many of us do not have the skill set to do this or to stay calm when things begin to escalate.

Currently, a program is being finalized in Ontario, that focuses on teaching caregivers the practice of mindfulness to better equip them to support others. In this presentation, we will be examining elements of this program and other modalities of mindfulness in the work environment.

Through lecture, examples, video and active learning, participants will begin to understand how this simple tool can make a difference in our own lives and those that we support.

**WHEN: WEDNESDAY JUNE 28<sup>TH</sup> 2017**  
**TIME: 1:30PM – 2:30PM**  
**WHERE: FROM YOUR COMPUTER**

Free!



**TO REGISTER CLICK HERE:**  
[HTTPS://ATTENDEE.GOTOWEBINAR.COM/REGISTER/8684804136506884099](https://attendeegotowebinar.com/register/8684804136506884099)



Sheldon Schwitek has been supporting individuals with complex behavioral needs in the United States and in Canada for almost 3 decades. Sheldon's work has been associated with The Center of Positive Living Supports in Michigan. Sheldon brings his expertise to provide guidance in the development and implementation of an individualized plan; supporting staff training and development; and as on-site direct support and mentoring of those who provide services to the individual. He believes that with the correct training and support, anyone can be supported to thrive in a community setting.

*An Hour  
to  
Empower*

Training is 1 hour

Attend via your device

Space is Limited so  
Register soon!

Social Work CE's

MORC, INC.  
1270 Doris Rd  
Auburn Hills, MI. 48326  
248-276-8000  
any questions email:  
[ed.kiefer@morcinc.org](mailto:ed.kiefer@morcinc.org)

[www.morc-inc.org](http://www.morc-inc.org)  
[www.positivelivingsupport.org](http://www.positivelivingsupport.org)

## GETTING TO KNOW THE EXPERTCARE OFFICE STAFF

We thought it would be nice to introduce ourselves and tell you a little bit about each of our office staff. Each month we will feature a new interview with someone from our office.

### MEET BETH DEROSE



**ECare: Tell our Caregivers a little bit about you.**

Beth: I have a background in recruiting, management and Social Work. I have 2 teenage daughters whom I love spending time with.

**ECare: What is on your bucket list?**

Beth: I would like to travel through Europe and Australia.

**ECare: What is your position at ExpertCare?**

Beth: Business Division Manager

**ECare: What are your job responsibilities?**

Beth: I am responsible for the operations and recruiting strategies of ExpertCare. My responsibilities include administering and coordinating activities of the business unit to support systems, processes, goals and objectives.

**ECare: How long have you been working at ExpertCare?**

Beth: I have been with the company for 9 years.

**ECare: Why do you like working for ExpertCare?**

Beth: I love the day-to-day challenges, the people I work with, and the work we perform to help others be as successful as they can be.

**ECare: What is the most challenging part of your position?**

Beth: Adhering to the every changing county guidelines and juggling the needs of individuals.

**ECare: What's a good piece of advice for Caregivers?**

Beth: If you are uncertain about how to handle a challenging situation, call ExpertCare – we are here to help you be successful and provide you with the support you need.

**TOTAL SPORTS**  
FARMINGTON

Total Sports Farmington  
22777 Farmington Rd.  
Farmington, MI 48336

## SPECIAL NEEDS AND SENSORY FRIENDLY BOUNCE

A special bounce event for our friends with Autism, Sensory Integration Dysfunction and other disabilities!

This event will feature:

- Dimmed lighting
- No loud music or loud noises
- Extra staff on hand to assist parents
- Supportive environment

The Bounce will be **Sunday June 4<sup>th</sup>** from **2pm-5pm** for kids ages 2-12. Cost is **\$8/child** if you preregister or **\$10/child** if you register the day of the event.

For further information or to register, please give us a call at **248-957-8391** or email **Chad Earley** at **Chad@totalsportscomplex.com**.

   [www.totalsportscomplex.com](http://www.totalsportscomplex.com)



## Paws for Reading



Harper Woods Public Library  
19601 Harper Avenue  
Harper Woods, MI 48225

Children of all ages can come to the library and read to Wally the beagle. He is a certified therapy dog, friendly and calm.

*Tuesdays, 12:00—1:00 p.m.  
June 13 - July 25*

## Lake Orion Jubilee 2017

The Lake Orion Lions Club host the annual Lake Orion Jubilee carnival & fireworks June 22 through June 25, 2017 in Downtown Lake Orion. Lake Orion Jubilee features carnival midway rides and games, live entertainment, fireworks on Saturday night, and more.



### Carnival Hours

- Thursday, June 22, 2017 from 5p-10p
- Friday, June 23, 2017 from noon-11p
- Saturday, June 24, 2017 from noon-11p
- Sunday, June 25, 2017 from noon-6p



### Free Family Art Events

MUSIC ♥ DANCE ♥ DRAMA  
CREATION STATIONS  
ART EXHIBIT & ART CAMPS

**May 19    June 16**  
**July 21    August 18**

4pm - 7pm

#### Rackham Park

Fenton Community & Cultural Center  
150 South Leroy St. Fenton, MI 48430



For a complete description of this FREE family art event visit [www.FentonArtsCouncil.com](http://www.FentonArtsCouncil.com)

#### Friday, May 19

**Creation Stations:** Art, Music, Legos, Construction, etc

**Live Music:** Prelude String Orchestra (Youth) & Drumming Circle (bring your lawn chair)

**Art Camp:** Get creative ... collage butterflies

**Exhibit & Marketplace:** Artzy Project, Local Artists, & more

#### Friday, June 16

**Creation Stations:** Art, Music, Legos, Construction, etc.

**Live Music:** Tie Dyed Giants (bring your lawn chair)

**Art Camp:** Get creative ... make symmetry butterflies

**Exhibit:** Youth Art & Butterfly Sculptures & Dedication

#### Friday, July 21

**Creation Stations:** Art, Music, Legos, Storytelling, Dance, etc.

**Live Music:** The Erik McIntyre Jazz Trio (bring your lawn chair)

**Art Camp:** Get creative ... Art + Science projects

**Exhibit:** Community Artzy Project

#### Friday, August 18 (bring your lawn chair)

**Creation Stations:** Music, Legos, Storytelling, etc.

**Live Music:** Fenton Community Orchestra Ensembles

**Art Camp:** Get creative ... make clay butterflies

**Exhibit & Marketplace:** Community Butterfly Art



**Rackham Park**  
Fenton Community & Cultural Center  
150 South Leroy St. Fenton, MI  
[FentonArtsCouncil.com](http://FentonArtsCouncil.com)  
for updated info



The Parade Company is excited to pump up the City of Detroit on June 26th as we produce the 59th Ford Fireworks along the Detroit River. The Ford

## Kaleidoscope Day

Saturday, June 3, 2017  
10am-5pm

Enjoy fitness activities, kids crafts, super hero activities and more!

This is your chance for a FREE Family Fun day with activities for the whole family and free admission to Crossroads Village. Tickets for the Huckleberry Railroad, Genesee Belle and Vintage Amusement rides are not included in admission and may be purchased separately. This family friendly event is brought to you by your Genesee County Parks, Kohl's Cares for Healthy Kids and Hurley Children's Hospital.



**Roseville RoseFest**  
Roseville, Michigan  
June 8-11, 2017

Thursday, June 8th - 5:00pm - 10:00pm

Friday, June 9th - 5:00pm - 11:00pm

Saturday, June 10th - 1:00pm - 11:00pm

Sunday, June 11th - 12:00pm - 9:00pm

Veterans Memorial Park

27325 Barkman Street

Roseville, MI 48066

Games, Fireworks, and more!

## LOOK WHO'S TALKING

### MAY CAREGIVER OF THE MONTH

#### SHALECE COTTRELL



**ECare: What is your best piece of advice for other Caregivers?**

**Shalece:** To always treat others how you want to be treated.

**ECare: What made you want to become a Caregiver?**

**Shalece:** I have always liked caring for other people.

**ECare: What is something on your bucket list?**

**Shalece:** To go shopping in Paris

**ECare: What do you like to do in your free time?**

**Shalece:** Spend time with my family

**ECare: What are 3 words you would use to describe yourself?**

**Shalece:** Shy, nice and friendly

**ECare: What is one thing you cannot live without?**

**Shalece:** Chocolate!

By doing  
what you  
LOVE, you  
INSPIRE  
and awaken  
the hearts  
of others.

Shalece is truly an outstanding caregiver! She is dependable and reliable when providing care – consistently going above and beyond the expectations. Shalece has made a lasting impression on the family she works with and they have made it a point to mention how truly happy they are to have her providing care for their loved one.

The family has shared that she is very intuitive and understands her client's needs and respects them. Shalece does not shy away from challenges when they arise but handles them with tact and professionalism. She provides compassionate and mindful care and is just phenomenal at her role.

ExpertCare appreciates all of Shalece's hard work and dedication. Great job on your continued success!

Thank you for demonstrating ExpertCare's core values of:

Helping People Succeed

Passion for Success

Can Do Attitude